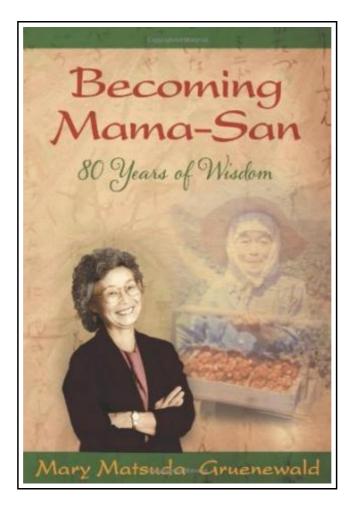
Becoming Mama-San: 80 Years of Wisdom



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Reviews

This written publication is wonderful. It really is loaded with knowledge and wisdom You will not really feel monotony at at any time of your time (that's what catalogues are for relating to if you ask me). (Desmond Becker)

BECOMING MAMA-SAN: 80 YEARS OF WISDOM



NewSage Press. Paperback. Book Condition: New. Paperback. 180 pages. Dimensions: 8.9in. x 6.0in. x 0.5in.In this book, 86-year-old author Mary Matsuda Gruenewald has distilled her lifetime of wisdom into ten stories, each one conveying an essential life lesson. Each chapter is a story from the authors life and how she learned the specific life lesson connected to each story. Mary lived through the Great Depression as a young child, imprisonment in a Japanese-American internment camp as a young adult, the cultural taboos of an interracial marriage, reverse racism, and divorce. In her later years, she learned the importance of forgiveness and reconciliation on a personal level as well as within the Japanese-American community. At 80, Mary recognized there was a part of herself she had never accepted and embraced. A trip to Japan after the publication of her first book helped Mary make peace with her Japanese roots and her ancestors. As a nurse, Mary cared for many patients who faced death. In time, she overcame her own fears about death and dying, which has resulted in her living life more fully. In her mid-80s, Mary completed preparations for her own death, realizing this is part of living a good life. Finally, Mary writes about the importance of leaving a legacy for future generations, and the special way she will leave her legacy. The simple yet profound wisdom in these stories will appeal to all generations seeking insight and direction from elders. The following is a brief description of each chapter. Annotated ContentsPrologue: Mama-sanl reflect upon my life and the memory of my mother, and what it is like to find myself in the role that she once held for me. Now, I am Mama-san. Chapter 1: The Privilege of a Simple LifeGrowing up in the 1920s and 1930s on...

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Relevant eBooks



Lans Plant Readers Clubhouse Level 1

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DK CHILDREN. Paperback. Book Condition: New. Paperback. 32 pages. Dimensions: 8.9in. x 5.9in. x 0.2in.This Level 1 book is appropriate for children who are just beginning to read. Six ducklings follow mother duck everywhere. One...

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Tate Publishing. Paperback. Book Condition: New. Paperback. 28 pages. Dimensions: 8.7in. x 5.8in. x 0.3in.Alexis is an ordinary five-year-old who likes to run and play in the sandbox. On her first day of Kindergarten, she...

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