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Habitually Great: Master Your Habits, Own Your Destiny

By Mark F. Weinstein

BookSurge Publishing. Paperback. Book Condition: New.

Paperback. 304 pages. Dimensions: 8.8in. x 6.0in. x

0.9in. Habitually Great rescues readers from their search for the

right motivational and personal development book. At the

heart of this book lies one simple truth: insights disappear,

habits don't. Too often, we may fail to create permanent

change because we humans are hard-wired to revert back to

our old habits. In actuality, it's our habits that are hard-wired,

and are in charge of us; and in many fundamental ways they

are determining the course of our lives. Habitually Great places

in readers' hands an important breakthrough: a habit

methodology that has proven over several years and with

thousands of people, to create cognitive patterns of success in

both people and organizations. It gives readers the tools to

take this leap from intention to action, from ideas to

accomplishment. The author and his staff deliver Habitually

Great and Peak Life Habits programs to high-powered

executives and Fortune 500 companies. A breakthrough habit

methodology that is proven to create patterns of personal and

professional success. A self-help book that is practical and

doable, rather than theoretical. Provides the missing link to

individual and professional greatness. If you are looking...



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