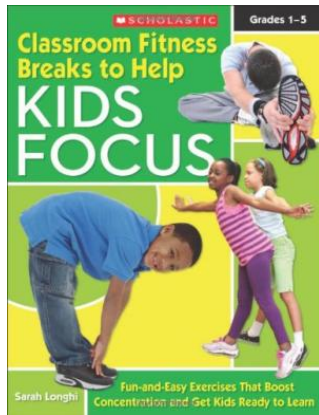


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## CLASSROOM FITNESS BREAKS TO HELP KIDS FOCUS: GRADES 1-5 (MIXED MEDIA PRODUCT)



Scholastic Teaching Resources, United States, 2011. Mixed media product. Book Condition: New. 269 x 208 mm. Language: English . Brand New Book. This collection of more than 50 super-fun exercises and games motivates students to get in shape while also helping them focus their attention and develop self-control. The activities are designed to fit into key parts of the daily schedule--class meetings, independent seatwork, walking in the halls, and recess. Teachers can select shorter exercises (1-5 minutes) for quick concentration-boosters...

**Download PDF Classroom Fitness Breaks to Help Kids Focus: Grades 1-5 (Mixed media product)**

- Authored by Sarah Longhi
- Released at 2011



Filesize: 6.89 MB

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-- **Vincenzo Collins**

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