



Resilience Curriculum: Teach K-12 Students How to Win in School and Life

By MR Eppie Robert Lopez Jr

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****. A truly new and original book would be one which made people love old truths. - MARQUIS DE VAUVENARGUES (1715-1747) In short, RISE is a belief in our students and creates a belief within them about themselves. Traditional education focuses on cognitive skills, i.e. facts, analysis, evaluation etc. which are essential. However, RISE curriculum embeds the best cognitive approaches with non-cognitive or character skills. Studies and data are now showing non-cognitive skills such as confidence, persistence, and resiliency are even more essential than academic knowledge to success in school and life. The practices are based on lessons which have withstood time, are taken from ancient philosophies and teachings of different cultures to current scientific studies. These practices are practical answers about how we succeed and win but have been all but lost in a modern culture where the focus is on distractions, spectacles, and entertainment. The passages are tools to learn to deal with the challenges of life on life's own terms. The practices answer questions about how to build resilience, how to have...



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