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EAT THE FOODS YOU LOVE, THAT LOVE YOU BACK!: UNCLE SAM S ON-LINE SUPERTRACKER



Createspace, United States, 2014. Paperback. Book Condition: New. Large Print. 229 x 152 mm. Language: English . Brand New Book ****** Print on Demand ******. This is NOT a typical diet book. It is an all-encompassing approach (body, mind soul) to improve a person s general well-being. On this diet, you can actually eat desserts. I mean real desserts, not sugar free or fat free. Information presented in this book is, merely, our opinion based on our own experiences. Although we...

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- Authored by Helen Perry
- Released at 2014



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